

BRMTA Fall Meeting 11/8/2024

O'Neill's Music house

Guest speaker: Patricia O'Neill-Alexander Technique

Attendance: Katherien Tobey, , Judy McGehee, David Easley,

President: Angie Bergeon

Secretary: Ching Song Juneau

Immediate Past President: Yanna Gustafson

Board Member at Large: Christine Lien

10:00-10:45: Alexander Technique by Patricia O'Neill:

Free the Body and Mind Starting from Head and Neck....it is possible according to one of the Neurosurgeons that 99% of back problems can be solved by Alexander Technique....

Patricia O'Neill demonstrated on Katherine Tobey and Ching Song performed while experienced the Alexander technique with Patricia O'Neill.

11:00 Rally Chair Yannah Gustafson confirmed the date for rally. 4/5/2025 at Lsu School of Music. Only one Saturday this year includes all parts: theory, scales, sight-reading and performance. Theory will start at 7:30 and ends at 9:00.

Minuets by Ching Song Juneau 11/8/2024 NCTM, LCTM